

'Beauty mistakes are a lesson learnt'

Pixie Lott chats skincare, make-up and fitness

Pop star Pixie Lott is known for her glam, stylish look, so who better to ask for beauty wisdom?

The singer, 27, is the new brand ambassador for KISS nails and lashes, a range she says is perfect for her hectic lifestyle darting between the recording studio, concerts, TV appearances and trying to spend quality time with her fiancé Oliver Cheshire.

There's no rest on weekends either – Pixie runs a Saturday stage school in Chelmsford with her mum and sister. Pixie and model Oliver got engaged in November 2016 but the pair haven't as yet made any wedding plans.

Here, Pixie tells *TV Life* her top beauty tips and reveals how she stays in shape...

Hi Pixie. Tell us about the KISS range you're promoting...

So, KISS has the most incredible range of nails and lashes – the designs are so innovative and gorgeous! The lashes are comfortable, weightless and come in lots of different styles depending on what you like. The nails come in some really classic styles as well as some funkier designs. I love the KISS imPRESS press-on-manicure nails. Today I'm wearing Flash Mob. I love the really unique blue and gold mosaic accent nail that comes with it. The press-on manicure is a lifesaver! They are so easy to apply and I always keep a couple of packs in my handbag for emergencies. With the nails you just press and go. The lashes are lightweight and flexible so you can put them on in seconds. I'm actually wearing the True Volume Lashes in Lily right now. They add a bit of glam to your daytime look.

How does your look change from day to night?

I like to keep my look quite natural in the daytime and then much more glamorous in the evening. If I'm going to an event or a party I'll put on the KISS Faux Mink Lash Couture lashes in Little Black Dress.

What is your favourite make-up look and what products do you use to achieve it?

I really struggle to pick an absolute favourite make-up look as I change my mind so often and it also depends on what I'm wearing. I always make sure to moisturise though and use a good highlighter, as then my skin has a lovely

glow. One of my favourites currently is the Dolce & Gabbana highlighter stick and also the Linda Meredith skincare products.

Do you follow any beauty rules?

The one rule I always follow is to make sure I cleanse and moisturise my skin properly. I also try to drink lots of water, as without it my skin can look really tired.

What are your top five favourite beauty products?

I love the Linda Meredith facials and skincare products – they really help my skin and have been a lifesaver. I use Dermablend foundation from Vichy. My other top essentials are the Mac Studio Conceal And Correct Palette, coconut oil to leave on my hair overnight and the Soap & Glory plumping lip gloss.

How do you look after your skin?

Cleanse, moisturise, drink lots of water and I take off my make-up at night so my skin can breathe while I sleep.

How has your beauty regime changed in recent years?

It hasn't changed too much but I like to try out different things more recently. It's always good to experiment so you can see if something works better.

What's the best beauty advice you've been given?

Make sure you have a good skincare regime and apply it before make-up so that your skin is glowing and the make-up is easier to apply.

Is there any beauty trend you wouldn't follow?

I wouldn't try tattooed make-up!

Have you made any beauty mistakes in the past?

Definitely, I think we all have. I don't regret any of them though as it's always a lesson learnt. When I was a teenager, I definitely did not understand that less is more!

Have you thought about your look for your wedding day yet?

I haven't decided on anything yet – we need to sort the date and venue first and then everything else will follow.

How do you like to pamper yourself?

I love spa days and beauty treatments. I particularly love Linda Meredith facials.

How do you stay in shape?

I train with Sarah Lindsay at Roar Fitness, who is amazing. She's really helped me to tone up. I also like to do Hip Hop Yoga at ONE LDN to wind down.

What's a typical day's diet?

I don't follow a specific diet. I generally eat quite healthily but if I want a treat I never stop myself. I'll often eat avocado on toast for breakfast, a chicken salad for lunch and then whatever I fancy for dinner.

How do you fit exercise into your busy schedule?

I just exercise when I can. I don't follow a plan religiously so just slot it in when I have a morning off.

What else are you working on at the moment and what's coming up for you?

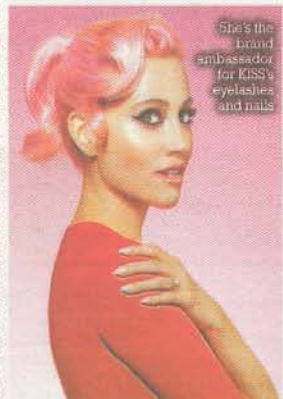
I am in the studio every day I can be, working on new music. Music is always my number one passion and I love writing and performing. I'm also filming the new series of *The Voice Kids* and am so excited for that!

See kisseurope.com for more information on the collection

INTERVIEW: DOMINIQUE AYLING PHOTOS: GETTY IMAGES



Music is Pixie's No. 1 passion



She's the brand ambassador for KISS's eyelashes and nails



With her fiancé, model Oliver

